

特 七天昆明大理丽江民族风情游 色

景点和行程

昆明：石林，九乡（游船和索道）；
古城，洱海公园；
欣赏七彩云南少数民族歌舞表演

大理：洱海游船，白族民居，
欣赏白族歌舞表演

丽江：大玉龙风景区（玉水寨，玉峰寺，玉柱擎天，东巴万神园，东巴王国，东巴谷），黑龙潭；
凝听唐宋宫廷音乐—纳西洞经古乐



云南特色风味美食

过桥米线，气锅鸡，云南火腿，野生菌火锅，砂锅鱼，纳西农家宴，铜火锅，宜良烧烤

特别赠送由中国著名导演张艺谋执导—原生态大型实景演出《印象丽江—雪山篇》

第一天：新加坡/昆明—九乡—石林

(早/午/晚)

今日搭乘国际航班飞往素有「春城」、「花都」之称云南省省会，四季如春的春城—昆明。抵达后前往距昆明 90 公里的【九乡】，已被列为国家重点风景名胜区的【九乡风景名胜区】，是云南省新兴风景区，以溶洞景观为主，洞外自然风光、人文景观、民族风情融为一体的综合风景名胜区。之后驱车前往云南省著名的自然风景区—石林。位于云南石林彝族自治县，距昆明 72 公里公里，面积约 40 多万亩，是传说中阿诗玛的故乡，是由喀斯特地貌形成的。

第二天：石林—昆明

(早/午/晚)

早餐后游览【】，石林具有世界上最奇特的喀斯特地貌（岩溶地貌）景观，以形成历史久远、类型齐全、规模宏大、发育完整，被誉为“天下第一奇观”、“造型地貌天然博物馆”。之后乘车返回昆明。途中参观【七彩云南】。



第三天：昆明/大理

(早/午/晚)

早餐后搭乘飞机前往大理。抵达后乘坐游船游览【洱海】，参观【洱海公园】，洱海湖光与点苍山积雪相映，有“玉泉银苍”之誉。当皎洁的月光与清澈的湖水相映，是大理四大美景之一。之后游览【大理古城洋人街】。石头路，石头墙，家家流水、户户养花和“三房一照壁”民居建筑群吸引了众多游客，让您陶醉在“风花雪月地，玉洱银苍景”中。品尝大理独有的“一苦、二甜、三回味”体会充满灵性的茶文化【三道茶】并欣赏白族歌舞表演。

第四天：大理—丽江

(早/午/晚)

早餐后乘车前往丽江。游览世界文化遗产【丽江大研古镇】。玉泉水蜿蜒而下，入墙绕户，穿场走苑，形成主街傍河，小巷临水，水边杨柳垂丝，柳下小桥座座，“家家流水，户户垂扬”，来到这里，倏然感受到“东方威尼斯”的韵味。参观【黑龙潭】公园，远处的玉龙雪山倒映潭中，可见“雪山四万八千丈，银屏一角深插底”奇景。象山半壁也映入水，使黑龙潭山中有水，水中有山，山水相映，景色无比秀丽。

第五天：丽江

(早/午/晚)

早餐后前往游览玉龙雪山风景区—【大玉龙】。它包含了【东巴谷】、【东巴万神园】、【玉柱擎天】、【东巴王国】、【玉峰寺】及【玉水寨】景区，并安排欣赏中国唯一仅存的唐宋宫廷音乐—纳西洞经古乐，聆听纳西古乐演奏，这是与唐朝「霓裳雨衣」同享美名的名代乐谱，靠着口耳相传至今，纳西古乐即是以此被保存下来。之后参观【】，一条由玉龙雪山融化的冰川雪水汇成的河流，沿着山谷层叠跌宕而下，水在两岸青山的辉映下呈清澈的墨绿色，河水四季清凉刺骨，站在溪边，玉龙雪山上的积雪、冰川、冰塔尽在眼前。

第六天：丽江/昆明

(早/午/晚)

今天早餐后继续游览大玉龙景区，午餐后欣赏—【印象丽江】，之后乘机返回昆明，参观悬挂有一天下第一长联的【大观楼】公园。

第七天：昆明/新加坡

(早/午/晚)

早餐后参观市区公园【翠湖】、【金马碧鸡坊】并前往市区最大的【鲜花市场】参观，在这里买花就跟买菜一样方便。每天总有些叫不出名字

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的花草上市，与其说这里买卖的是花卉，不如说是在买卖一种好心情。随后您可尽情享受购物的乐趣。完毕后搭乘豪华飞机返回新加坡温暖的家。

行程顺序如有更改，以中国地接社安排为准

7 Days Kunming Dali Lijiang Yunnan Custom Tour

Kunming: Stone Forest, Jiuxiang Cave (with Boating & Cableway)

Dali: Cruise on Er'hai Lake; Bai People's Residence; Old Town; Erhai Park

Lijiang: Grand Yulong Region (Jade Water Village; Jade Peak Temple, Jade Pole; Dongba Holy Garden; Dongba Kingdom; Dongba Valley); Black Dragon Pond

Ethnic Cultural Shows

Kunming: Folk Songs and Dances at Colorful Yunnan

Dali: Bai People's Songs and Dances

Lijiang: Naxi Classic Music



Local Specialties:

Cross-bridge Noodle, Steam-pot Chicken, Yunnan Ham, Mushroom Hotpot, Clay-pot Fish, Naxi Farmer's Cuisine, Bronze Hotpot, Yiliang Roast Duck.

Specially entertained with the Grand Out-door Performance directed by Mr Zhang Yimou

-Impression Lijiang • Snow Mount. Edition

D01 SIN/KMG — Jiuxiang — Stone Forest

(B/L/D)

This morning we'll take a flight to Kunming, the capital city of China's Yunnan Province. Bestowed with mild climate all year round, Kunming is also known as Spring City. On arrival, you'll be met and transferred to visit **【Jiuxiang Caves】**, one of the grandest Karst caves in Yunnan, featuring numerous stalagmites and stalactites in various forms and colors as well as deep gorges, in-cave waterfalls. After that, continue the trip to Stone Forest.

D02 Stone Forest — Kunming

(B/L/D)

Enjoy a morning tour to **【Stone Forest】**. It is a massive collection of gray limestone pillars, split by rain water and eroded to their present fanciful forms, the tallest standing 30 meters high. Marine fossils found in the area suggest that it was once under the sea. The strange shapes, some in solitary loftiness, while others in clusters, create a unique "fairlyland" feel. Afterwards, we'll journey back to Kunming and visit **【Colorful Yunnan】** en route.



D03 Kunming/Dali

(B/L/D)

This morning we'll fly to Dali. On arrival, enjoy a **【cruise on Er'hai Lake】** by small boat, followed by a visit to **【Er'hai Park】**. Then continue to **【Dali Old Town】** and **【Foreigner's Street】**. You may also sample the traditional Three-coursed Tea while enjoying the **【Bai People's Songs and Dances】**.

D04 Dali — Lijiang

(B/L/D)

After breakfast, coach to Lijiang, which is bordering Tibet with its spectacular mountain back-drop. Upon arrival, visit the **Square Market** in the center of the **【Lijiang Old Town】**, one of the world cultural heritages. Continue to **【Black Dragon Pond】** renowned for various pavilions and bridges in this beautiful park.

D05 Lijiang

(B/L/D)

Today we'll sightsee the Grand Yulong Region including tours to **【Dongba Valley】**, **【Dongba Holy Garden】**, **【Jade Pole】**, **【Dongba Kingdom】**, **【Jade Peak Temple】** and **【Jade Water Village】** where you may have a chance to listen to the classic Naxi Music. Then visit **【White Water River】**. On the way, we'll drive past the holy Jade Dragon Mountain which is snow-capped all year round.

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D06 Lijiang/Kunming

(B/L/D)

Today continue your tour at Grand Yulong Region. After lunch, you'll be entertained by the famous outdoor performance – **【Impression Lijiang】**. Then return to Kunming by air. Visit **【Daguan Pavilion】** on arrival.

D07 KMG/SIN

(B/L/D)

Today we'll visit **【Green Lake Park】**, **【Jinbi Archways】**, continue to **【Flower Market】**. Then proceed to Kunming Int'l Airport for your homebound flight. End the 7-Day Yunnan Tour with sweet memory.

The sequence of the itinerary subject to change based on arrangement of China agency

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